



IT'S TIME to Join Us and tap into...

# The Power of EMS Peer Support™

## PRAISE FOR "PEER SUPPORT":

*"Loved all the training & support to move our center into a better direction for peer support."*

*"Great class and really felt I learned many great ways to support coworkers and family who are struggling. Thanks!"*

## DATE & LOCATION:

Hosting Opportunities are available to PSAPs in and beyond the U.S. All classes offered both on-site and virtual.

Visit our website to view current dates & locations.

## CLASS FEE:

See website for most up-to-date information

## TO REGISTER:

E-mail:  
[info@911training.net](mailto:info@911training.net)

On-line:  
[www.911training.net](http://www.911training.net)

Phone:  
231-622-1600

*No one 'gets' the life of the EMS Pro like an EMS Pro.*

When the combo of stress from work and home piles up, even the best and most seasoned EMS care providers can struggle. Shift after shift, EMS personnel are immersed in major traumatic experiences with an aftermath that can be difficult to face and understand. But what happens when you, as an EMS family, are prepared to come alongside each other as you travel through these hardships? You can prevent burnout, improve morale, and help your peers feel encouraged and desire to stay on board.

Whether your agency is planning to build a Certified Peer Support Program or not, this introductory course is a great way to learn about the critical basics and benefits of peer support.

## Here's what you'll experience in this unique course...

- Learn the importance and power of peer support for the EMS practitioner and the crew's daily life together
- Discover how practicing peer support can decrease toxic, draining gossip and boost more positive energy in the field
- Understand the benefits & limitations of lay peer support, what it is and what it is not
- Clarify the critical importance of confidentiality and how to honor it in complicated situations
- Learn when & how to refer and guide peers to professional assistance

