

The REGISTRY



WELCOME! WE'RE GLAD YOU'VE FOUND US.

Note: If you're in an immediate crisis: please call SafeCallNow.org at 206.459.3020.
(Click [here](#) for more info).

What is the Registry?

The Registry (below) is a list of clinicians, listed by state and city, who have met 911 Training Institute's criteria to become members. Please know that membership does *not* constitute 911TI's endorsement of a clinician or their organization. Membership is extended to all those who have been approved on the basis of their training, their stated desire to serve our telecommunicators, and their experience using EMDR, one of only three therapies recognized by the Department of Defense and the Veterans Administration as effective in the treatment of PTSD. Below each clinician's listing you'll see their answer to one very important question we thought you'd like to ask: "Why should I trust you to be safe and effective in helping me?" The Registry was just launched in November of 2017 so our list of clinicians as this point is small. We are hoping to gain significantly more therapists in the weeks and months to come. But in the meantime...

If You Can't Find a Registry Therapist in Your Area

If you do not see an EMDR Registry clinician your area, you have four options:

- 1) **If there is a clinician listed in your state** (but beyond your area) you can still feel free to email that clinician; in a nutshell describe what you're seeking help for and **ask if they know a qualified colleague in your area**. If they do provide the name of a clinician, you can call that person asking for just a few minutes to see if they're a fit using the questions here (<https://www.911training.net/seeking-personal-help>, at bottom of page).
- 2) If you do contact is a clinician listed in your state but they cannot recommend anyone, try calling them to ask these same questions; and if your gut says they can help you, **consider making the long drive**. There are times when this is a hardship but possible and the right thing to do to safeguard your own future.

- 3) **2. If you don't find an EMDR therapist on the Registry in your state you can** take the steps list here. (Note, if this feels like too much effort because you're already really struggling, ask a trusted friend to help you navigate this process, or email Jim@911Training.net.)
1. Read our 911TI web page about EMDR and choosing a therapist [here](#), then...
 2. Search for an EMDR Therapist by clicking [here](#) to *Find a Therapist*.
 3. On that page, choose the *Radius Search* option, then...
 4. Follow the instructions, choosing the option to select clinicians who work in the area of Specialty Area for which you need help (e.g., PTSD, depression, etc.)
 5. When you see the option: "*Population served*", select *First Responders*.
 6. Next, select the option for *Certified EMDR Therapists*
 7. Call the clinician(s) you choose in your area and use the questions offered here <https://www.911training.net/seeking-personal-help>.
- 4) If you still can't find a qualified EMDR clinician or just feel too overwhelming or tired to try, email me: Jim@911Training.net and let me try to help bridge you to one.

I know this effort finding a therapist can feel daunting, even intimidating. I've had to do it many times—for my own care, my loved ones, and many members of our 911 Family. That's exactly why we're building this Registry—to make it easier for you. Hopefully we'll have great clinicians everywhere who are available to help. We'll get there. And we're and in this together!

Your use of the Registry means you have read and agree to the following...

Recognize Our Responsibility and Yours

911 Training Institute is in no way responsible for the results of your experience with members of this Registry. We're just trying to do our best to help you find the most helpful folks out there. We encourage you to make your selection of a therapist based on more than the information provided below. Visit the websites of clinicians you are interested (when available); Google their name and learn what you can online. Then, as I advised above, we encourage you to call the therapist you're interested first to get a personal feel for them. But before you make that call, remember to read [this page](#) of our website and using the *Questions for Therapists* when you talk with them.

Help us Help You

If you *do* reach out to one of our Registry therapists below, would you please consider letting us know confidentially if your experience was helpful or not? Our interest is not to seek any details about your treatment, only to learn how we can continuously improve this service. You can email us at info@911training.net. Peace to you!

Thanks for the entrusting us with the privilege of supporting your self-care as you work hard to take great care of so many others!

Jim Marshall
Director, 911 Training Institute



STATE-BY-STATE DIRECTORY OF EMDR-FOR-911 REGISTRY MEMBERS

(Currently only U.S. but hoping to expand)

CALIFORNIA

Susan Brown, LCSW

Private Practice

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I am a licensed clinical social worker treating trauma and addiction for almost 30 years. I specialize in a therapy approach called EMDR (Eye Movement Desensitization and Reprocessing). It is one of the most research-supported, effective and efficient therapies for the treatment of trauma, sometimes resulting in PTSD. The work you do is one of the most stressful and important community services imaginable: being the very first to respond to those in fear and desperation. I look forward to being of service to you.

Walter Ferris

Clinical Social Worker

Coherence Associates, Inc

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Individuals working in the field of emergency telecommunications are the very first responders. They are the frontliners, continuously exposed to extreme stressors in the line of duty in dealing with life and death situations. They must be prepared and equipped to face the ever-changing demands of their profession.

*In my work, it is essential to provide the highest degree of professional services in a competent and compassionate manner. Restoring comprehensive wellness and peak performance are emphasized and achieved by providing creative and effective ways of treating trauma. I place a great deal of value on the continuous enhancement of my clinical knowledge and skills, and conducting myself in an ethical, honest and forthright manner, both in my career and my personal life. *This clinician is working towards full registry membership. During this process, however, he may be qualified to effectively treat issues with which you are struggling so please feel free to contact him to explore a therapy relationship.*

Sara Gilman, PsyD

Licensed Marriage and Family Therapist
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As a former Firefighter/EMT, I have been on many sides of the first responder world. I have been a mental health professional for over 30 years, EMDR trained for over 25 years, am CISM trained, facilitated 100's of first responder debriefs, been keynote speaker at 911 Telecommunicator organizations, co-authored a chapter on using EMDR with 911 Pros. You truly are the 1st First Responders! Your silent courage and compassion is not unseen any longer. The cumulative stress can take a toll and there are effective ways to get a reboot and remain resilient throughout your career. I have hired a group of highly trained EMDR clinicians who work with many 911 Pros. They have done 'sit-alongs' and are committed to helping and supporting you.

Wesley Imayanagita, LCSW

Social Worker
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I am a EMDR therapist and have specialized with trauma in my practice. I have spent years studying and continue to do research on how to best help patients who struggle with traumatic issues.

Naomi Martin

Marriage and Family Therapist
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I am a Marriage and Family Therapist who has spent the majority of her career working with the military and families. I also have a history of being in the military myself and have used that experience to better help my clients. I spent several years working alongside law enforcement as a PERT clinician and I have family members in law enforcement. As a result, I have both first-hand knowledge of what it is like to be in the situations that law enforcement is in as well as how it impacts the family.

Julie Stowasser, MS

Licensed Marriage and Family Therapist
Calm Clear and Connected Counseling

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With 25+ consistent full-time years devoted to the reduction of suffering via Safety Planning and Trauma Treatment, working with Victim Witness and law enforcement, even beyond our own borders, there isn't likely anything you can say or fear to say that could not be safely contained in the office with the respect and compassion you deserve. As the longest practicing EMDR therapist in San Luis Obispo your own personal and first responder exposures to trauma can safely, effectively, and efficiently be treated in the privacy of either the San Luis Obispo or the Atascadero office. Yes, I work with men, too.

COLORADO

Eline Potoski, MSW*
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*I have been in mental health for nearly ten years after two other careers, and am EMDR certified. I came to this field having gone through my own experience of trauma and healing through EMDR, and I know the courage, commitment and trust that is required when working with a therapist from both sides. I commit deeply to the strengths and healing process of every person I work with. *This clinician is working towards full registry membership. During this process, however, she may be qualified to effectively treat issues with which you are struggling so please feel free to contact her to explore a therapy relationship.*

CONNECTICUT

Karen Alter-Reid, Ph D
Clinical Psychologist
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I am an EMDR Institute Regional Trainer and EMDRIA-Approved Consultant. I am Co-Coordinator of the Fairfield County Trauma Recovery Network and have worked with first responders including law

enforcement, firefighters and EMT's. I have had specific training in working with first response culture, and provide training to other EMDR clinicians on working with this population.

Linda Rost, MSW

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Your safety is my primary concern, and there are tools involving grounding and resourcing that can help you to feel in a more secure place. I have had many years of experience working with firefighters, police and EMT's in my position of Co Coordinator of the Fairfield County Trauma Recovery Network.

Kimberly Sharpe, MA

Psychotherapist
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I have been working with First responders and the military since 1998. I am retired from the Ct. Department of Correction, was a dispatcher for UCONN Fire and EMS, was a dispatcher for the Newtown Police Department and was a Sandy Hook Volunteer Firefighter. I have a unique ability to help you not have to explain terminology and understand some of the difficulties you face both with PTSD and in seeking help.

FLORIDA

Tammy Carvalho, LMHC

Everyone's Counseling Center
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It is my pleasure and honor to help when it is difficult to trust someone as I come into your world to actively listen, empathize, being genuine with you and making you always to feel safe in my presence without any criticism, fear or judgement to heal.

Mary Griffis, MA

Licensed Mental Health Counselor
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I appreciate how stressful it can be to start the counseling process. It is therefore important to me to be a dependable and trustworthy resource for my clients, and I place a high value on facilitating the therapeutic relationship with openness and integrity. Traumatic life events can be extremely disruptive, causing us to question our perceptions, our abilities, and sometimes our sense of self worth, but I have hope because I have experienced the therapeutic process bringing understanding and resolution, both personally and professionally. For those clients who desire it, because traumatic events can challenge us spiritually as well as psychologically, I welcome spirituality, as well as spiritual doubt, as part of the counseling process.

Meg Young, LCSW
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Coming to therapy is a big and often scary step. I provide a confidential environment for you to improve your life, career, and family. I have been working with first responders for some years, but everyone comes to me with a different experience. I do not claim to know you, what you experience, or your needs without you. We will work together to get you where you want to be quickly and effectively.

ILLINOIS

Kathleen Terzinski, LCPC
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I am committed to helping people who have traumatic experiences to work through the traumatic event and especially the negative belief and disturbance that has resulted from that/those events. I use EMDR with every client I see at some point and I have a very high degree of success. My past clients are my biggest source of referrals. In addition, I am efficient - I specifically like EMDR because it is very effective, efficient and permanent intervention for overcoming traumatic events. I feel that my work is a gift to the client to give them back their life and their peace of mind.

KANSAS

Michele Meinhardt, LSCSW

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I know how hard it is to reach out for help. Especially in the LE world, being unshakable is essential to do your job. I know, because I was a 911 dispatcher for several years before becoming a therapist. I have a passion for working with first responders. You are some of the finest people in our community: smart, hard-working, and selfless. Let me help you keep doing your job well.

MICHIGAN

Shadin Atiyeh, MA, LPC*

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*Counseling is a professional therapeutic relationship in which you are offered a safe, non judgmental, and empowering space to pursue your own goals related to career, family, relationships, and self awareness. We will negotiate your goals and work on them together through talking about your personal story and reframing your past into your present in a way that is positive for your future. My job is to understand the world as you see it and to advocate for your well-being. Cultural differences may get in the way of my being able to know what it's like to walk in your shoes, but I consider it my job to earn your trust so you feel comfortable enough to correct me if I make a mistake in understanding you. Throughout counseling I will listen to your presenting concerns and may ask you questions to gain information about your background and future aspirations. My counseling practice focuses on adults in both individual and group settings struggling with adjusting to transitions in life. My treatment approach is existential, and in counseling I will focus on supporting your search for meaning from the events in your life. While this is my general approach to counseling, we can work together to identify interventions that work well for you. *This clinician is working towards full registry membership. During this process, however, she may be qualified to effectively treat issues with which you are struggling so please feel free to contact her to explore a therapy relationship.*

Mary Ellen Bertling-Safford, MA, LPC, NCC, CAADC

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MISSOURI

Susan Wulff, MS, LPC

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My hope is you will find you can trust me to be safe and effective in helping you because I am a person-centered therapist focused on providing the treatment you want. You will be involved in creating your goals for treatment and deciding on what our focus is during each session. Also, you might find it comforting to know I am deeply involved in the EMDR community in the Greater Kansas City area. I serve as a Co-Coordinator of our EMDRIA Regional Network. In this role, I manage our website (www.emdrGkc.com) and plan educational events for our local EMDR therapists. Since being trained in EMDR in 2012-2013 I have made it my mission to help other therapists to become trained in EMDR and to gain advanced skills in using this wonderful form of therapy.

NEBRASKA

Brenda Rohren, MA, MFS

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Law enforcement, fire fighters, paramedics, EMTs, 911 dispatchers, crime scene investigators, and other first responders face horrors in their work that most people can't imagine. Constant exposure to trauma (witnessed, experienced, and vicarious), life-threatening situations, and the physical strain of working long hours on little to no sleep can negatively impact overall health. As a result, first responders may experience depression, anxiety, PTSD, substance use or other addictions as well as relationship, work-related, and physical health problems. These are issues in which I have expertise and training to improve the quality of life for first responders, including 911 dispatchers who are the very first, first responders.

I am a Licensed Independent Mental Health Practitioner (LIMHP) and Licensed Alcohol and Drug Counselor (LADC) who has worked in the behavioral health field for over 30 years. My background includes serving on active duty in the U.S. Navy and completing a second Master's degree in Forensic Science (MFS). My MFS graduate internship was in the Jackson County, Missouri Medical Examiner's office (i.e., Kansas City and surrounding cities). This involved crime scene investigation with the ME's Death Investigators and witnessing autopsies. During this time, I was also employed in a community mental health center where I worked for two years as a crisis intervention therapist in the Emergency Services Department. This included telephone assessment and referral for individuals who were in crisis as well as coordination of services with 911 dispatchers and law enforcement.

I have been an EMDR therapist since 1999 and served on the EMDRIA Board of Directors from 2014-2016. I am a EMDRIA Certified EMDR therapist and an EMDRIA Consultant-in-Training as well as the Regional Coordinator for the Southeast Nebraska EMDRIA Regional Network. I have also served on many EMDRIA administrative committees, Board committees, and task forces (to include Veteran's Task Force). I belong to several EMDRIA Special Interest Groups (SIGS), to include the First Responders & Protective Services SIG and the Military SIG. I welcome the opportunity to provide therapy for first responders such as 911 dispatchers and focus on trauma-informed treatment as well as a high emphasis on confidentiality and privacy for clients. It's important for the client to feel comfortable with the therapist; therefore, I provide a free face-to-face consultation (1 hour) so that we can become better acquainted and information can be provided about my treatment approach.

NEW JERSEY

Ann de Jong

Nurse Practitioner

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I love my work. I respect those with whom I work. It is a privilege to be part of the process that improves living.

NEW YORK

Ann Goelitz

Psychotherapist, PhD Social Worker
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Good question. Respect for the individual is key. In my work with first responders after September 11th I found many felt bombarded by people invasively trying to help. I work through connection, making sure that sense of connection is always there. I don't try to force my ideas or methods on anyone. I'm not shy and do say what I think, but I know that others won't necessarily think as I do. I use humor in my work and try to keep it light but encourage hard work because I know that with work trauma is very treatable. I have a high level of expertise with trauma and never ask anyone to experience pain by reliving it but do encourage getting to the emotions involved because working with them through EMDR is healing.

NORTH CAROLINA

Amy Cleckler*
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*Finding a good fit with a therapist is not always easy and should be taken seriously. I meet with people for a brief consultation before beginning a more formal therapeutic relationship because I believe a good, comfortable fit is very important. In order to provide 'safe and effective' services to my clients, I participate regularly in consultation with colleagues and in continuing education about trauma recovery. I am straightforward and warm with clients, and comfortable working with people from all backgrounds (ethnicities, genders, faiths, sexual orientations, abilities, etc). *This clinician is working towards full registry membership. During this process, however, she may be qualified to effectively treat issues with which you are struggling so please feel free to contact her to explore a therapy relationship.*

OREGON

Josie Juhasz, MA, LPC
Licensed Professional Counselor
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I welcome a conversation to better explain my experience of treating trauma with EMDR and how together we could process whatever trauma your mind and body have taken in from the specialized work you do.

Alexander Weiss, MA

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Integrative Counseling
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Telecommunications work requires a delicate sense of balance amid continuously shifting boundaries, often while under intense pressure. Not easy. I have experience working with veterans, law enforcement personnel, and other first responders. In the early part of my career I worked as a field crisis counselor, often interacting with dispatchers, hospital ER staff, and other crisis personnel. I recognize 911 telecommunicators as the lynchpin in the delivery of support not only to the citizens of their community but also to their fellow service professionals.

WASHINGTON

Sandy Tudor, MA Counseling Psychology

Licensed Mental Health Counselor
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In 2012 I retired from a 20+ year career as a dispatcher, police officer, detective, and lieutenant. I have a deep desire to assist dispatchers, police officers, firefighters, nurses, other first responders, public safety personnel, military heros, and their families to overcome the cumulative trauma that they experience. Day after day, first responders (and those on the list above) are exposed not only to traumatic scenes and calls, but they are also in constant contact with the negative, abusive, and violent side of humanity. These experiences change most of us in ways we never envisioned when we first started serving the public. Many first responders believe that a therapist will not understand what they go through on a daily basis. After 22 years, I get it! Being a first-responder, and a first first-responder, is a tough job that only a few are courageous enough to face every day. You are courageous to pick up those 911 calls or plug into that radio console everyday! These experiences can leave wounds that bleed over into our personal and professional lives. Wounds heal better when some kind of treatment is applied, don't they? EMDR is the most effective way to treat these types of injuries. I have been doing EMDR for 5 years and have been certified in it for 3. I have seen remarkable healing through this form of therapy! If you are suffering from PTSD or cumulative trauma, please take care of yourself by reaching out for help.

WYOMING

Denise Gill, MSW

Licensed Clinical Social Worker

Gill Counseling Services

Two locations:

107 S. 5th St.

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I am a Licensed Clinical Social Worker and I am certified in EMDR. I have been in private practice for over 10 years and work with individuals on issues of anxiety, depression, stress management, relationship issues and trauma. I have prior experience working directly with: veterans, seniors, children and I have worked in the criminal justice system. I maintain offices in both Laramie and Cheyenne, Wyoming.